**F5MC IFECMH FY 23/24 Enrollment Opportunities and Enrollment Link**

|  | **Title** | **Description** | **Session Dates/Time** | **Instructor(s)** | **Notes** |
| --- | --- | --- | --- | --- | --- |
| **SATURDAY** | **IFECMH Foundational Series**  **Spanish I** | Sessions will focus on the development and support of the relational health of infants and young children and their families within the sociopolitical context of their environment and communities.  The sessions are offered in Spanish with no interpretation. This special opportunity is intended to support Spanish as a relational language in work with children and families as well as to develop common understanding about cultural and linguistic sensitivity and responsiveness. | **Saturdays**  **9 AM – noon:**  1: October 7, 2023  2: December 2, 2023  3: January 27, 2024  4: February 17, 2024  5: March 16 (***in person)***  6: May 4, 2024 | * Carlos Guerrero[[1]](#endnote-1) | The Foundational Series is offered in two Spanish learning groups. Six sessions for each learning group will include 5 virtual sessions and one in-person session.  **Spanish Foundational I** will offer sessions for service providers and educators who are **non-clinical.**  **Spanish Foundational II** will offer sessions for **clinical providers.** |
| **IFECMH Foundational Series**  **Spanish II** | * Adriana Cuestas[[2]](#endnote-2) |
| **Attachment and Parenting** | Sessions will focus on deepening our understanding of the caregiving relationship to the overall development of infants and young children. There will be a special focus on adolescent parents, father involvement and considering culturally relevant interventions to support families and their young children. | **Saturdays**  **9 AM – noon:**  1: September 30, 2023  2: November 4, 2023  3: January 13, 2024  4: February 24, 2024  5: March 16, 2024 (***in person)***  6: April 13, 2024 | Tala Ghantous[[3]](#endnote-3)  Lillia Wanless[[4]](#endnote-4) | This series will be presented in English with simultaneous Spanish translation. Six sessions for each learning group will include 5 virtual sessions and one in-person session. |
| **WEDNESDAY AFTERNOON** | **Transformative Leadership:** Supporting Staff Well Being and Program Success Through Diversity Informed Reflective Supervision and Practice | Sessions will focus on the structure and skills of reflective supervision and practice that have been demonstrated to support staff well-being and the success of programs serving diverse often marginalized individuals and families. Approaches will highlight transformative collaborative partnerships with supervisees and consultees using critical self and other awareness and reflective approaches. | **Wednesdays**  **1:00 – 4:00 pm**   * January 17 * February 21 * March 20 | Desiree Yoro Yoo[[5]](#endnote-5) Mary Claire Heffron[[6]](#endnote-6) | This training is designed to strengthen reflective practice and supervision skills for leaders, directors, and supervisors of programs providing a variety of services for infants, children, and families.  For those seeking the Reflective Practice Facilitator endorsement, full participation in this series will fulfill the 9 training hours required by the California Center for Infant-Family Early Childhood Mental Health. |

**Submit enrollment request here:** [**https://www.surveymonkey.com/r/IFECMH2324**](https://www.surveymonkey.com/r/IFECMH2324) **(English)**

**Envíe la solicitud de inscripción aquí:** [**https://www.surveymonkey.com/r/IFECMH2324SP**](https://www.surveymonkey.com/r/IFECMH2324SP) **(Español)**

1. Carlos Guerrero, LCSW, is a licensed clinician rostered in Child Parent Psychotherapy. He is certified bilingual trainer Facilitating Attuned Interactions (FAN) and Circle of Security International. He also provides consultation related to family engagement and father involvement with playgroups. [↑](#endnote-ref-1)
2. Adriana Cuestas, PsyD is Colombian, bilingual (Spanish/English) licensed clinical psychologist. Dr. Cuestas is CA-CIFECMH Endorsed as an Infant-Family and Early Childhood Mental Health Specialist and as a Reflective Practice Mentor. She is a graduate fellow and faculty member of the Infant-Parent Mental Health Fellowship, in Napa, CA, through UC Davis and adjunct faculty at The Reiss-Davis Graduate School for the doctorate program in Psychodynamic Child Psychology and Psychotherapy. [↑](#endnote-ref-2)
3. Tala Ghantous, LCSW, is a licensed clinician and a consultant for alternative response programs and has extensive experience in providing training to varied audiences. She is certified in the Facilitating Attuned Interactions (FAN) and Child Parent Psychotherapy models and endorsed as a RPF II. [↑](#endnote-ref-3)
4. Lillia Wanless is a certified bilingual parent educator with Parents As Teachers (PAT) National since 1994 and holds a California Adult teaching credential. She is the recipient of the PAT national award of Parent Educator of the year in 2020, and is trained in Circle of Security, Positive Discipline and Abriendo Puertas. [↑](#endnote-ref-4)
5. Desiree Yoro You, LCSW is endorsed in California as an Infant Family Early Childhood Mental Health Specialist and Reflective Practice Mentor. Desiree is an Early Childhood Equity Infant Mental Health Workforce Specialist at WestEd and an Instructor at UC Davis Continuing and Professional Education-Human Services. [↑](#endnote-ref-5)
6. Mary Claire Heffron, Ph.D. is a licensed psychologist with extensive experience in providing, supervising and developing programs for infants, young children and families and professional education for clinicians, home visitors, educators and supervisors. She is a member of the Zero to three Academy, trained as a Supervisor in Child Parent Psychotherapy, endorsed as an IFECMH mentor, and a certified Facilitating Attuned Interactions (FAN) trainer. [↑](#endnote-ref-6)