

City of Carmel-by-the-Sea • City of Del Rey Oaks • City of Gonzales • City of Greenfield City of King • City of Marina • City of Monterey • City of Pacific Grove • City of Salinas City of Sand City • City of Seaside • City of Soledad • County of Monterey

MOBILITY ADVISORY COMMITTEE

- 1. Define unmet needs and explore solutions
- 2. Research trends to anticipated future needs
- 3. Review successes elsewhere for applicability locally

Wednesday, September 29, 2021
Time: 1:00 p.m Pacific Time (US and Canada)

Governor Newsom's COVID-19 Executive Order N-25-20 allows MST to hold meetings via teleconference and to make meetings accessible electronically to protect public health. The **September 29, 2021** meeting of the Mobility Advisory Committee will be held via Zoom conference. There will be NO physical location of the meeting. The public is asked to use the Zoom app for best reception. There may only be limited opportunity to provide oral comments during the meeting. Persons who wish to make public comment on an agenda item are encouraged to submit comments in writing by email to MST at cvalencia@mst.org by 3:00 p.m on Monday, July 26, 2021; those comments will be distributed to the MAC members before the meeting. Members of the public participating by Zoom are instructed to be on mute during the meeting and to speak only when public comment is allowed, after requesting and receiving recognition from the Chair.

Prior to the meeting, participants should download the Zoom app at: https://zoom.us/download A link to tutorials for use of the Zoom app is: https://support.zoom.us/hc/enus/articles/206618765-Zoom-Video-Tutorials and https://support.zoom.us/hc/enus/articles/209743263-Meeting-and-Webinar-Best-Practices-and-Resources

REMOTE CONFERENCE ONLY

Join from PC, Mac, Linux, iOS or Android:

Join Zoom Meeting

https://zoom.us/j/92022843923

Meeting ID: 920 2284 3923

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- +1 346 248 7799 US (Houston)
- +1 646 558 8656 US (New York)
- +1 301 715 8592 US (Germantown)
 - +1 312 626 6799 US (Chicago)

Meeting ID: 914 2507 9662

1. CALL TO ORDER

- 1-1. Roll Call
- 1-2. Introduction of Members and Guests

2. PUBLIC COMMENTS ON MATTERS NOT ON THE AGENDA

Members of the public may address the Committee on any matter not on the agenda. There will be a time limit of not more than three minutes for each speaker. The Committee will not discuss or take action, but may ask questions, on matters brought up under this item during the meeting but may choose to follow-up at a later time, either through staff or on a subsequent agenda. (Please refer to page 1 of the agenda for instructions)

3. CONSENT AGENDA

3-1. Approve Minutes of the regular meeting of July 28, 2021 (Chair)

4. **NEW BUSINESS**

- 4-1. Discuss and approve moving the November 24, 2021 meeting to November 17, 2021 (Chair)
- 4-2. Appoint (1) MAC member to participate in the MST Contract Transportation Request for Proposal Scoring Committee (Chair)

5. PRESENTATION

- 5-1. Receive presentation on Aging and Disability Resource Center (ADRC) (Travis Bye)
- 5-2. Receive presentation on Monterey County Area Agency on Aging (Ron Lee)
- 5-3. The Carmel Foundation Presentation (Melissa McKenzie)
- 5-4. Receive update presentation on the Comprehensive Operational Analysis and provide feedback (Sloan Campi)

6. REPORTS AND INFORMATION ITEMS

The Committee will receive these report(s), which do not require action by the Committee.

- 6-1. MV Transit-MST RIDES Service Update (Douglas Thomson)
- 6-2. MST Mobility Updates (Kevin Allshouse)

7. SUBJECT ITEM REQUEST

This item(s) will be included on a future agenda for follow-up

8. ANNOUNCEMENTS AND APPRECIATIONS

9. ADJOURN

NEXT MEETING DATE: TBD

NEXT AGENDA DEADLINE: Wednesday, November 3, 2021

Please contact MST for accurate meeting date, times and **teleconference** information or check online at https://www.mstmobility.org/advisory-committee.htm

Upon request, the Mobility Advisory Committee will provide written agenda materials in appropriate alternative formats, or disability-related modification or accommodation, including auxiliary aids or services, to enable individuals with disabilities to participate in public meetings. Please send a written request, including your name, mailing address, phone number and a brief description of the requested materials and preferred alternative format or auxiliary aid or service at least 5 days before the meeting. Requests should be sent to MST- Staff Support, 15 Lincoln Ave. Salinas, CA 93901 or cvalencia@mst.org



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MEETING OF THE MOBILITY ADVISORY COMMITTEE (MAC)

MEETING MINUTES

July 28, 2021

Present: Jessica McKillip **ITN Monterey County**

Jennifer Ramirez Partnership for Children

Steven Macias The Blind and Visually Impaired Center

Bobby Merritt **Veterans Transition Center**

Madilyn Jacobsen Transportation Agency for Monterey County (TAMC)

Ron Lee AAA-Monterey County Dept. of Social Services

Maria Magaña Central Coast Center for Independent Living (CCCIL)

Aleiandro Fernandez Davita Dialysis

Maureen McEachen Visiting Nurse Association (VNA)

Absent: Reyna Gross Alliance on Aging

Melissa McKenzie The Carmel Foundation

Staff: Cristy Sugabo Mobility Services Manager

Kevin Allshouse Mobility Coordinator Claudia Valencia Mobility Specialist Ruben Gomez Mobility Specialist Jose Sanchez Baraias Mobility Specialist

Marzette Henderson **Contract Services Manager** Lisa Rheinheimer Assistant General Manager

Beronica Carriedo Community Relations Coordinator

Public: Douglas Thomson **MV** Operations Manager

> Tamara McKee Alliance on Aging Lucy Casarez Alliance on Aging

Meechal Hall Visiting Nurse Association (VNA) Elsa Malispina Visiting Nurse Association (VNA)

Heather Adamson **AMBAG**

An apology is made for any misspelling of a name.

1. CALL TO ORDER

1-1. Roll Call

Chair McKillip called the meeting to order at 1:00 p.m. with roll call taken as the meeting was via Zoom teleconference. A quorum was established.

2. PUBLIC COMMENTS ON MATTERS NOT ON THE AGENDA

Public comment- None

3. CONSENT AGENDA

3-1. Approve Minutes of the regular meeting of May 26, 2021.

Committee Member Lee made a motion to approve the Minutes and Committee Member Magaña seconded. A roll call vote was taken with eight votes in favor; McKillip, Ramirez, Jacobsen, Macias, Merritt, Lee, Magaña, McEachen, and three absent; Fernandez, Gross, and McKenzie. The motion passed unanimously.

4. MEMBERSHIP

4-1. Accept resignation from Maureen McEachen as member representing Visiting Nurse Association (VNA)

Committee Member Merritt made a motion to accept resignation from Maureen McEachen as a member representing Visiting Nurse Association, and Committee Member Jacobsen seconded. A roll call vote was taken with seven votes in favor; McKillip, Ramirez, Jacobsen, Macias, Merritt, Lee, Magaña; one abstention; McEachen, and three absent; Fernandez, Gross, and McKenzie. The motion passed unanimously.

Member Fernandez joined the meeting at 1:14 p.m

5. RECOGNITION AND SPECIAL PRESENTATION

- 5-1. Certificate of Appreciation for Maureen McEachen (Chair)
- 5-2. VNA Organization Service Presentation (Elsa Milispina)
- 5-3. CCCIL Organization Service Presentation (Maria Magaña)
- 5-4. Received a Presentation from AMBAG on the Regional Growth Forecast (Heather Adamson)

6. NEW BUSINESS

6-1. Approve the changes to the MAC bylaws and recommend to the MST Board of Directors (Cristy Sugabo)

Committee Member Jacobsen made a motion to accept the changes to the MAC bylaws and recommend to the MST Board of Directors with the edit to list the social services transportation requirements categories in bullets, and Committee Member Lee seconded. A roll call vote was taken with nine votes in favor; McKillip, Ramirez, Jacobsen, Macias, Merritt, Lee, Magaña, McEachen. Fernandez, and two absent; Gross and McKenzie. The motion passed unanimously.

7. REPORTS AND INFORMATION ITEMS

- 7-1. MV Transit- MST RIDES Service Update (Douglas Thomson)
- 7-2. MST Mobility Programs Updates (Kevin Allshouse)

8. SUBJECT ITEM REQUEST

8-1. Presentation on Aging and Disability Resource Center (ADRC)

9. **ANNOUNCEMENTS AND APPRECIATIONS**

9-1. Member and staff announcements and appreciations

10. **ADJOURN**

With no further business to discuss, Chair McKillip adjourned the meeting at 2:28 p.m.

PREPARED BY: Slaudia L. Valuncia
Claudia Valencia

REVIEWED BY: Kevin Allshouse



Building a "No Wrong Door" System for Monterey County

1

No Wrong Door System Infrastructure Outreach & Access to Public Programs Person Centered Counseling Governance & Administration

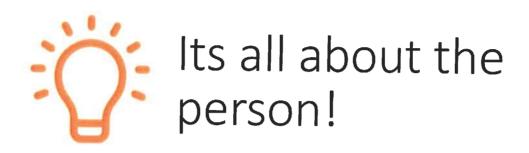


ADRC: A Solution for Consumers

ADRC/No Wrong Door Systems address the frustrations many consumers and their families experience when they need to obtain information and access to services and supports.

The ADRC model incorporates *person-centered practices* to design services around the person's needs and interests.

2





ADRCs empower individuals to consider all options, make informed decisions, and access community LTSS that help them meet their personal goals for independence:

https://www.youtube.com/watch?time_continue=145&v=v77v7XW8GtF&feature=emb_logo

3

ADRC State Statute (WIC § 9120 - § 9123)

Senate Bill 453 - Approved October 12, 2019

- Requires California Department of Aging (CDA) to develop core model of ADRC best practices
- Requires ADRC programs to be operated jointly by *Area Agencies on Aging* and *Independent Living Centers*
- Requires ADRCs to implement CDA's best practices by July 1, 2022
- CDA must take specified actions regarding the implementation of a No Wrong Door System
- Development of Infrastructure Grants Program



Agency Info:

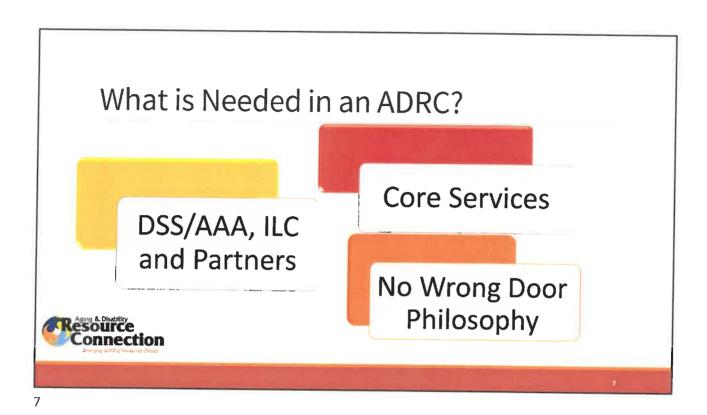
Monterey County Area Agency on Aging (AAA)

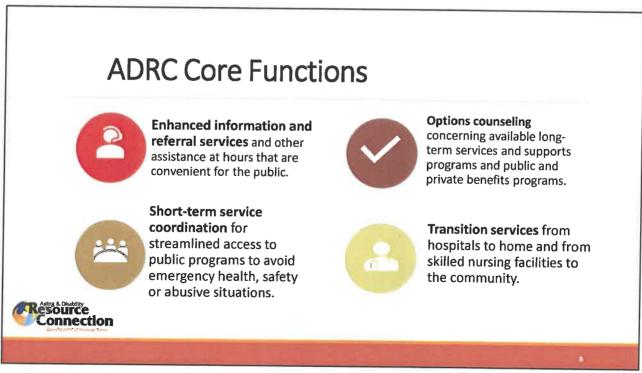
- Monterey County DSS staffs, oversees, and manages the AAA
- Creates local Area Plan to determine service needs
- > Distributes State funds, as well as Federal Older Americans Act funding to local agencies to provide:
 - Home delivered meals
 - Health insurance counseling and advocacy
 - Legal services
 - Caregiver support
- Also creates avenues for advocacy!

Central Coast Center for Independent Living (CCCIL)

- One of 28 Independent Living Centers in CA, part of a nationwide network
- Consumer-controlled, communitybased, cross-disability non-residential, non-profit agency
- Provides core services to individuals with disabilities, regardless of age, income or disability type
- Serves Santa Cruz, San Benito, and Monterey Counties
- Services include benefits assistance, assistive technology, IL skills training, housing assistance, peer support

Résource Connection









Being a part of the MCADRC

What does it mean to my agency?



- Agree to a shared philosophy of a "nowrong door" system!
- Believe in person-centered practices and shared protocols!
- Create opportunities for warm handoffs to expedite referrals!
- Follow up with referrals and be available to provide updates to each other!

11

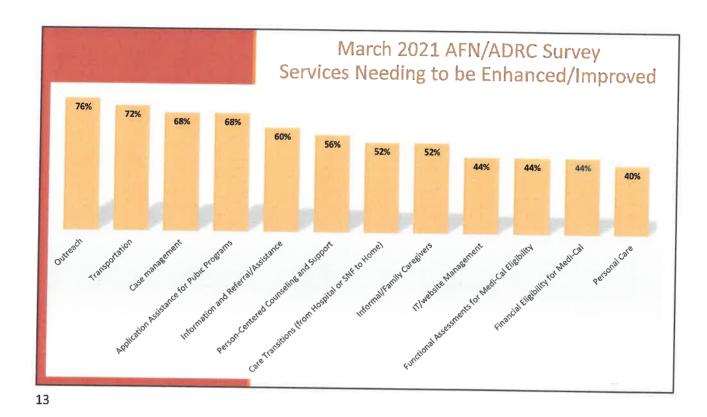
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Being a part of the MCADRC

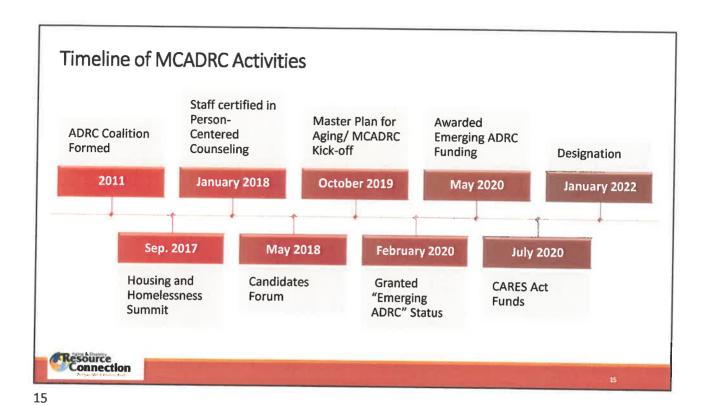
What does it mean to my agency?

- Shared trainings and partner meetings!
- Be a part of a larger network of service providers willing to work together for the benefit of the community!
- Approach our work with an equity lens!

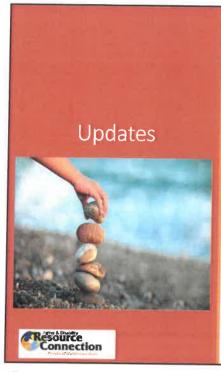




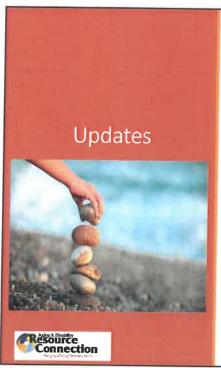




❖Completed Core Partner ADRC protocols
 ↓ Implementing a shared database
 ❖ Creating marketing materials
 ❖ Release of specialized guides related to COVID and Isolation



- Created an Advisory Committee
- Released the Senior Resource Guide in English and Spanish
- Plans to update websites to include a searchable resource database



- Provided PPE to AAA partners
- Created a Digital Divide program
- Hiring of new staff for Information, Referral and Assistance and Transition Services

18

WE ARE ALL MEMBERS OF THE MCADRC

We have the responsibility to:

- Serve as a culturally sensitive, No Wrong Door for those we serve, not just in our program areas or responsibilities;
- Provide person-centered services, focusing on the needs of the person and not just program eligibility;
- Work with all individuals, regardless of age or disabling condition;
- View age and disability as only one aspect of an individual as they navigate through the lifespan.....





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Questions?

Travis Beye

Management Analyst

Monterey County DSS Phone: (831) 883-7584

beyet@co.monterev.ca.us

Maria Magaña

Special Projects Coordinator

Central Coast Center for Independent Living (CCCIL)

(831) 757-2968

mmagana@cccil.org

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Services for Older Adults in Monterey County



Area Agency on Aging
Department of Social Services

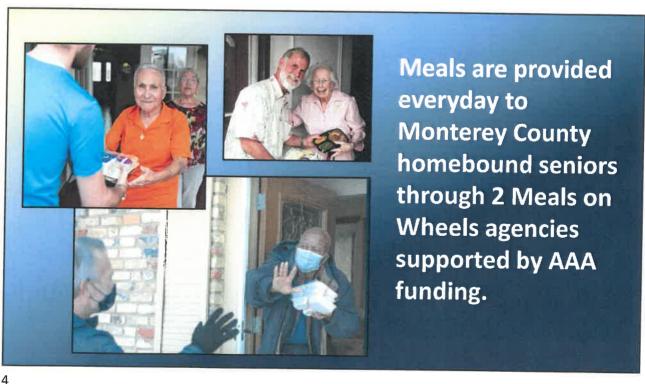
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Many older adults in Monterey County need help and can't access services



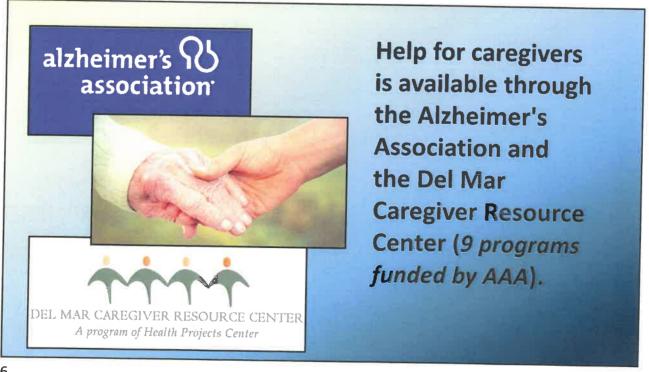
...and the senior population is growing each year.





AAA Senior lunch programs are offered throughout the **County and** social group dining is starting up again.





AAA provides funding to Alliance on Aging so Ombudsman can monitor long term care facilities and...

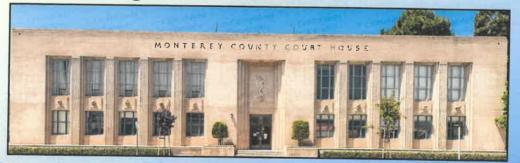




They offer MediCare help to everyone! (HICAP Services).

7

Legal Services for Seniors provides legal advice and ultimately court action across Monterey County to protect the rights of older adults.



They also provide information on the prevention of senior abuse to individuals and groups.

The AAA and community partners provide a variety of services to older adults and caretakers:

- Telephone Information & Referral Service
- Outreach and program application assistance
- Computer devices and classes
- Home sharing assistance
- Nutrition education
- Exercise classes

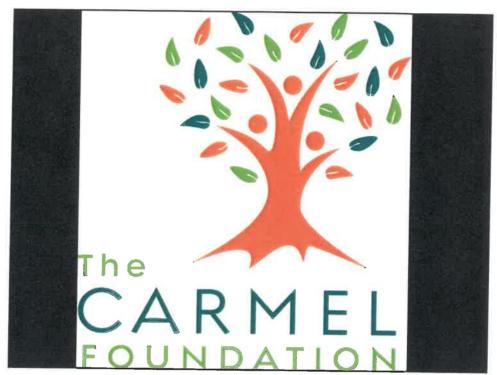


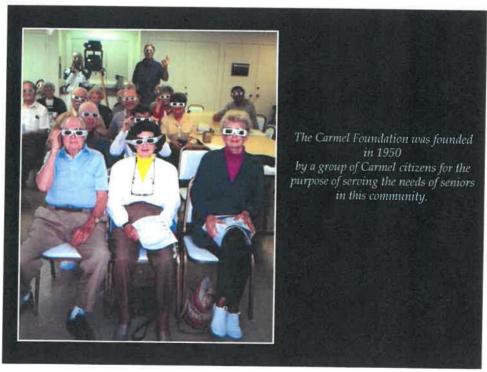
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Thank you for listening, becoming an advocate for older adults, and your continued support.



Learn more about the Area Agency on Aging at www.co.monterey.ca.us/aaa

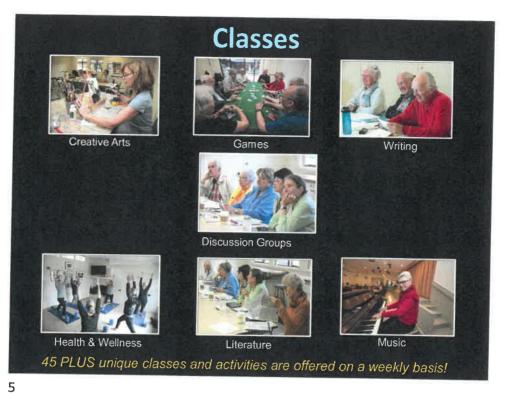




Awards of Excellention Award • Best Hangout for Seniors • Best Non-Profit 2020 with Carmel Chamber of Commerce

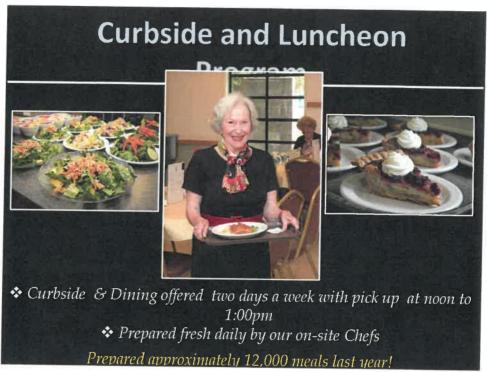
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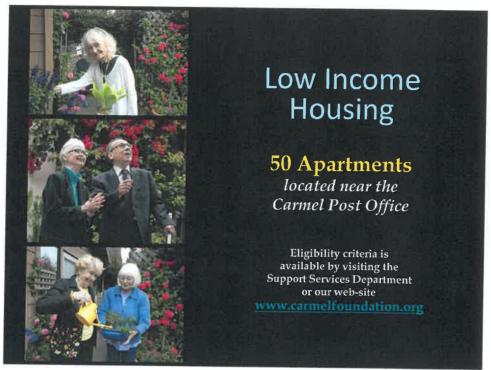






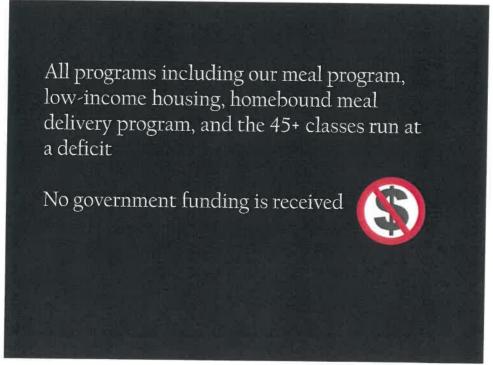


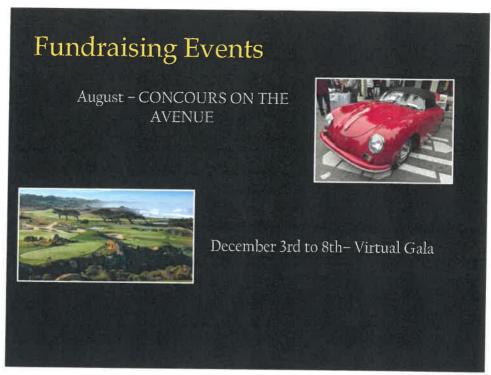




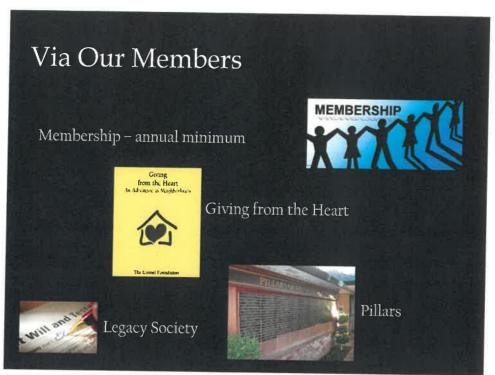


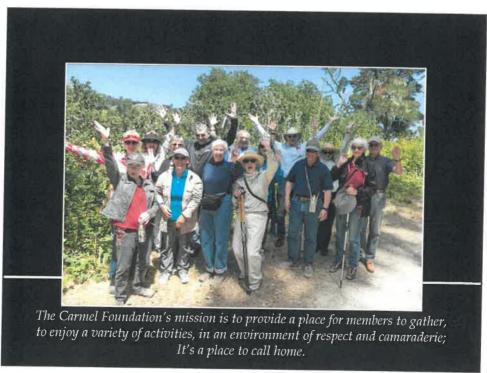














Plan Direction

- Focus a little more on ridership, a little less on coverage. Aim for 60% Ridership / 40% Coverage.
- Prioritize coverage that serves the needs of low-income, lowcar ownership communities.
- A little more service in Salinas, a little more regional service, and a little less service on the Peninsula.
 - 40% greater Monterey/Seaside urban area
 - 40% Salinas
 - 20% regional

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What does this add up to?

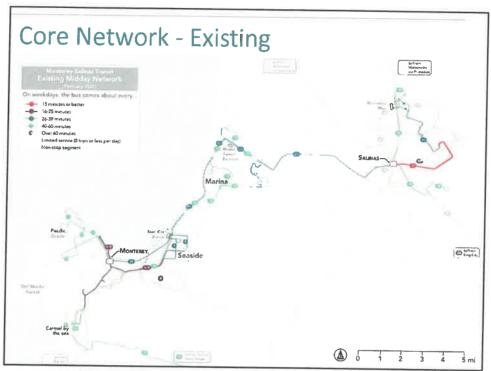
- More focus on frequency and legible, direct routes.
- Service increases targeted at low-income communities and high-volume destinations.
- Less service in areas with very low population density.
- A little more service in Salinas and South County, a little less service in the Peninsula.

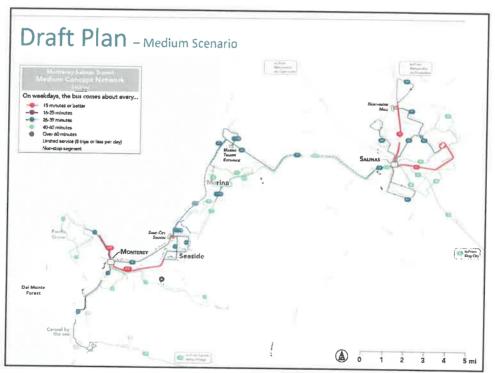
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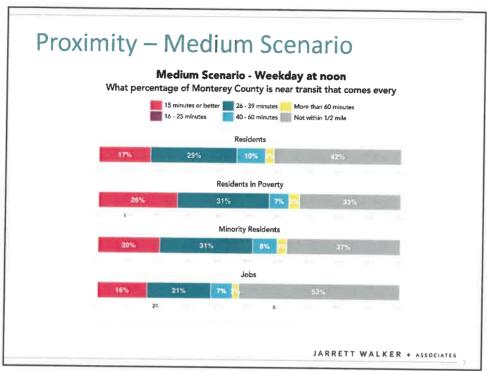
Three Scenarios

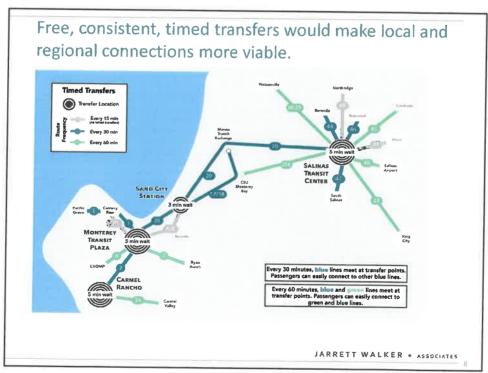
- The medium funding scenario matches MST's expected resources in 2022-2023.
 - $\,-\,$ The medium scenario is the most realistic view on what MST could implement
 - This is the network we are focusing most on today, and the one we intend to present to the public and gather detailed input on.
- Two other scenarios were prepared to help MST adapt to possible future conditions.
 - The high scenario shows what MST could do with additional service funding, equivalent to another 1/8-cent sales tax.
 - The low scenario is a contingency for what to do in the case of a future fiscal crisis, or other critical resources constraints, requiring a service cut.

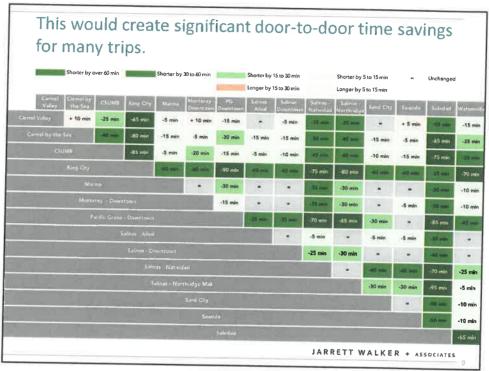
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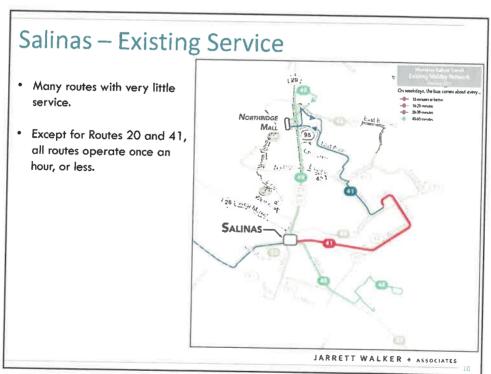


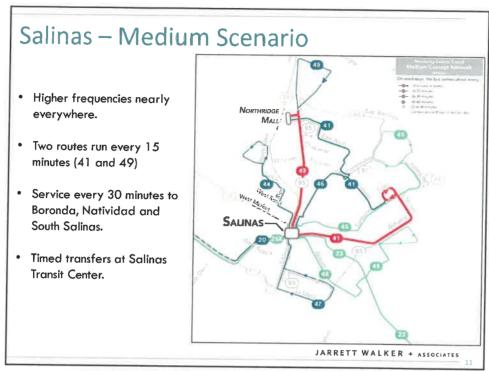


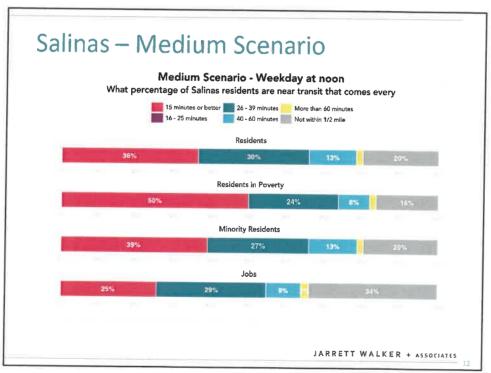


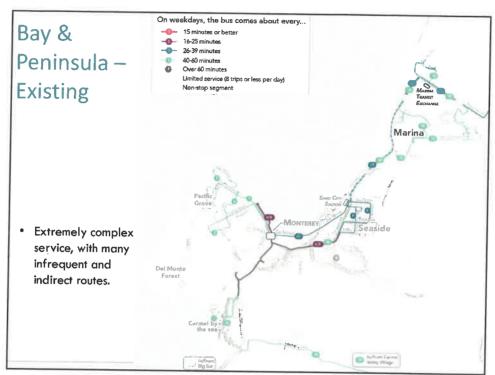


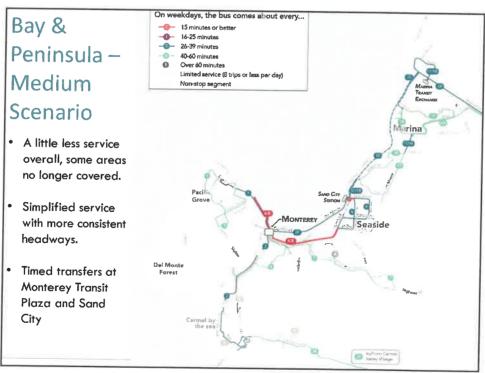


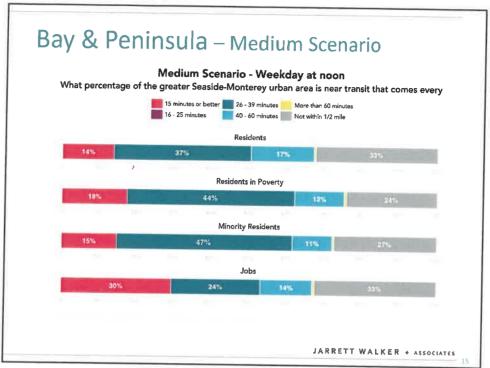


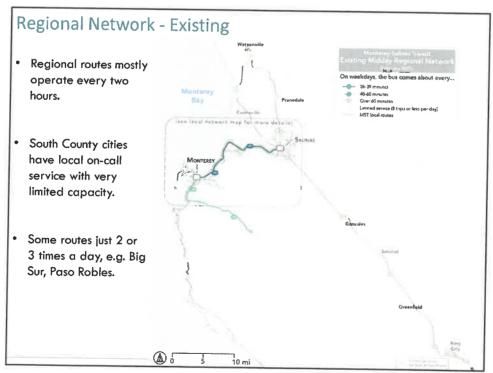


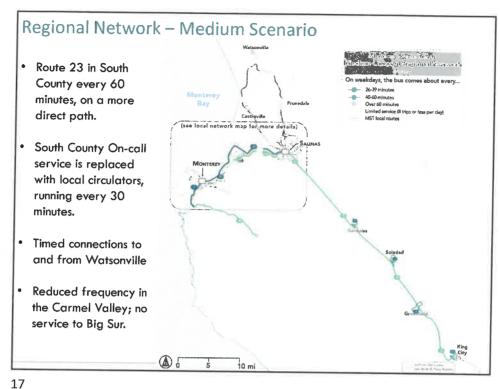












Weekend service compared to Weekday service

- Weekend service would remain significantly less than on weekdays.
- Weekend service ends earlier than Weekday service.
- Improvements to weekend service would have required lower frequencies on weekdays, or reductions in coverage in areas with significant low-income populations.

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Key Questions for Community Outreach

- Do the proposed changes in this network reflect your values and priorities?
- Would the proposed changes have a positive or negative impact on:
 - you and your family?
 - your neighborhood and community?
 - Monterey County as a whole?
- What should be corrected in the Final Plan?

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Phase 2 Outreach Process: September and October

- Reaching back out to stakeholders and rider focus groups reached in Phase 1.
- Re-contacting stakeholders who did not respond to Phase 1 of outreach.
- Advertising the public for general public comment.
 - COA website
 - Advertisements on board and at transit centers.
 - Newspaper advertisements
 - Spanish-language radio

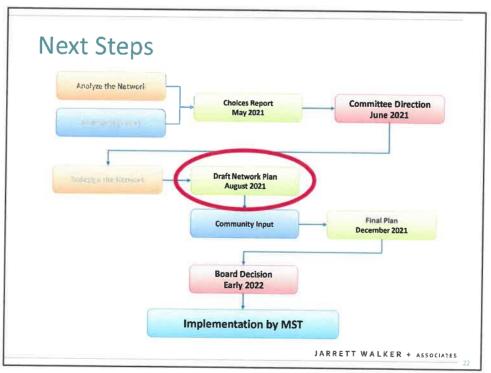
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Let your people know!

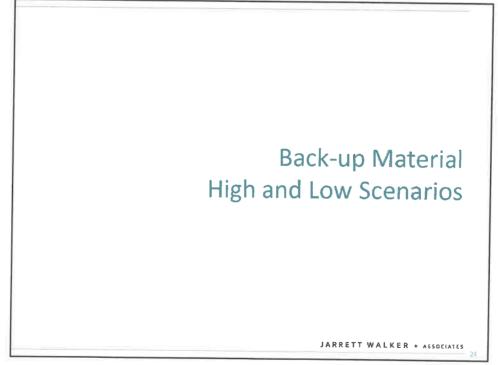
- Learn more about the Draft Plan at http://mst.org/coa
- Take the Survey at www.mstcommunitysurvey.com

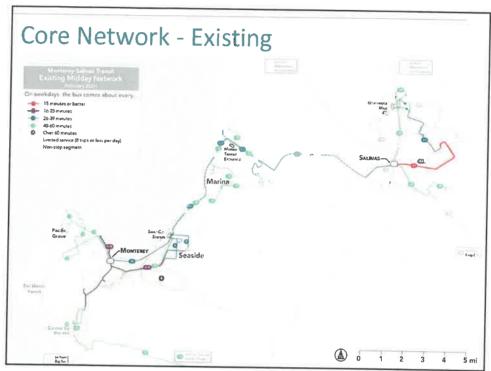
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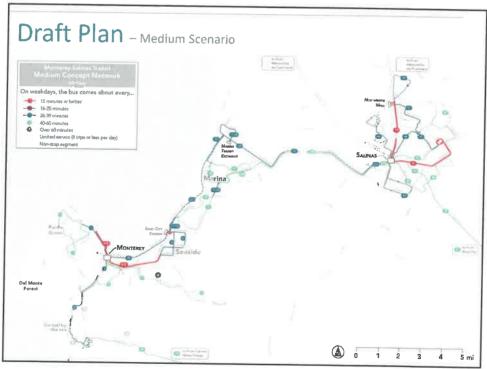
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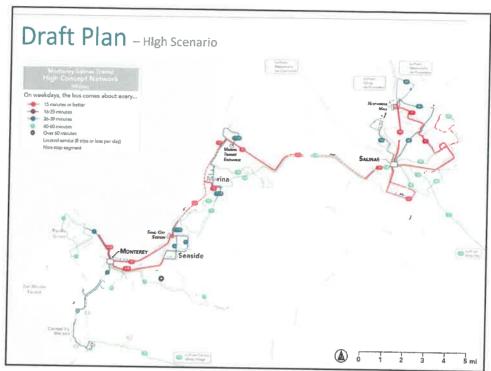


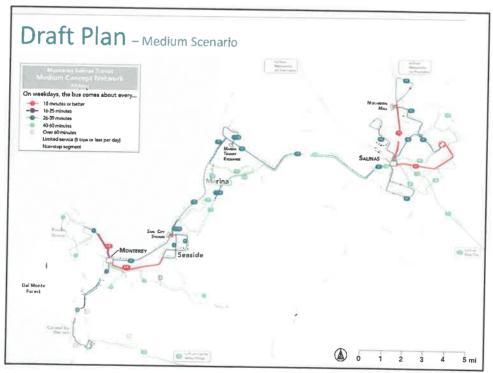


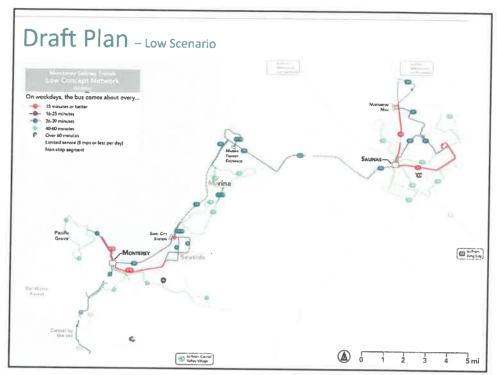


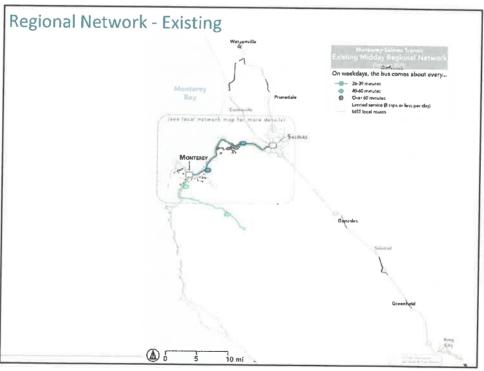


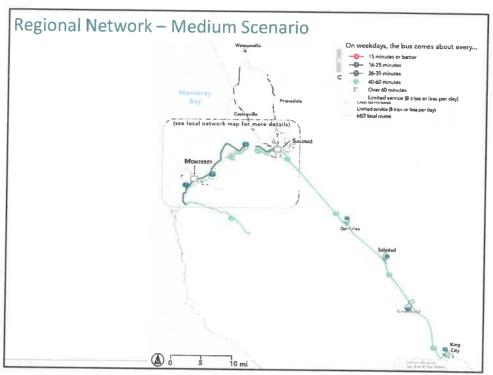


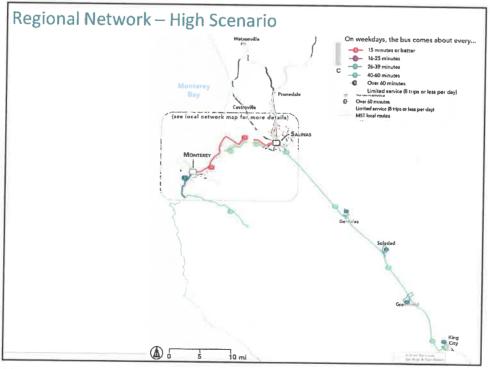


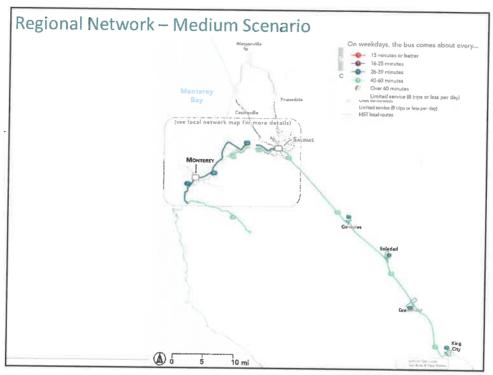


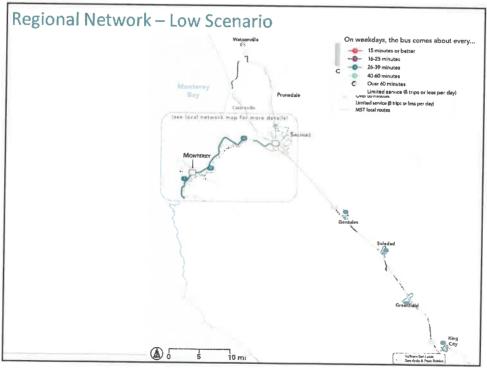




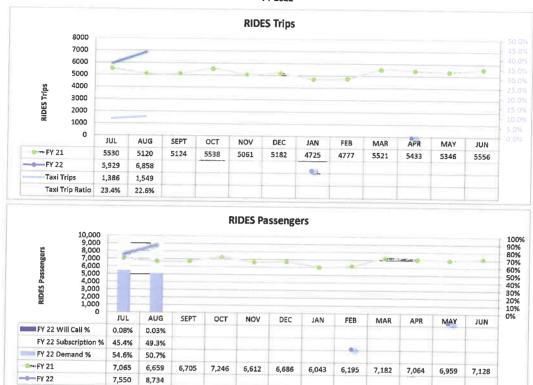




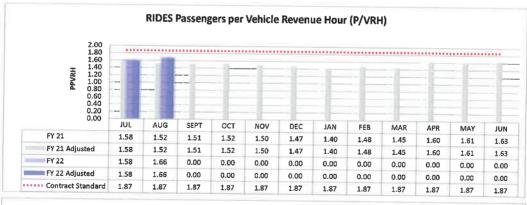


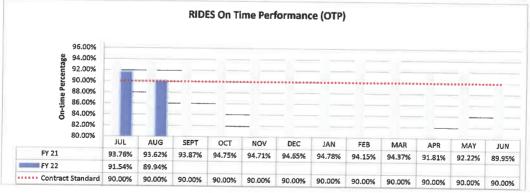


MST-MV Dashboard FY 2022

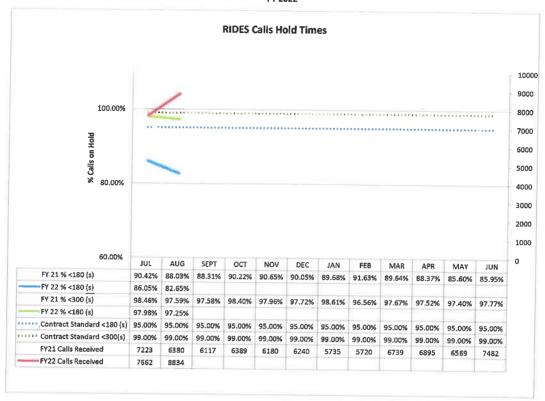


MST-MV Dashboard FY 2022



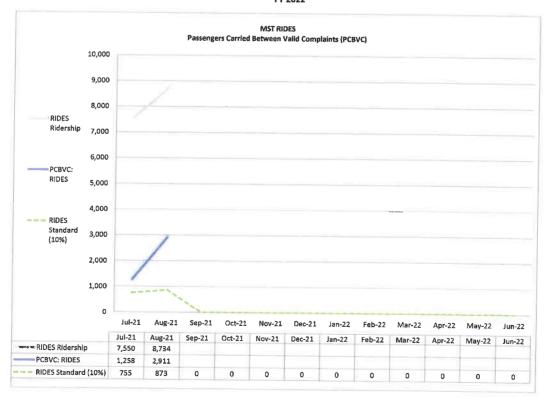


MST-MV Dashboard FY 2022

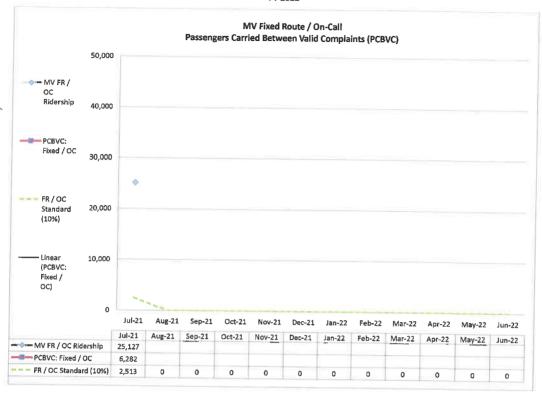


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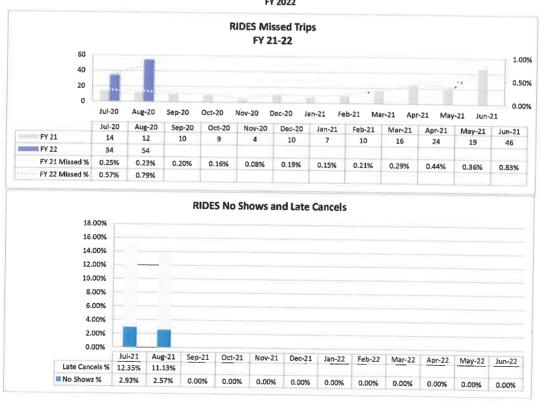
MST-MV Dashboard FY 2022



MST-MV Dashboard FY 2022



MST-MV Dashboard FY 2022



MST-MV Dashboard FY 2022

